

## **National Tobacco Control Programme (NTCP)**

According to the Global Adults Tobacco Survey 2016-17 (GATS 2), 29.8% of men, 6.3% of women and 18.1% of all adults currently smoke tobacco in Uttarakhand. 21.2% of men, 3.4 % of women and 12.4 % of all adults currently use smokeless tobacco. 43.6% of men,9.3% of women and 26.5 % of all adults either smoke tobacco /or use smokeless tobacco. From GATS 1 to GATS 2 ,the prevalence of any tobacco use decreased significantly by 4.2 percentage points from 30.7% in GATS 1 to 26.5% in GATS 2. The prevalence of smokeless tobacco use has increased marginally. Bidi and Khaini are the two most commonly used tobacco products.

### **Goals and Objectives:**

The objectives of NTCP are as under:

- To build up capacity of the States / Districts to effectively implement the tobacco control initiatives;
- To train the health and social workers;
- To undertake appropriate IEC activities and mass awareness campaigns, including in schools, workplaces, etc.;
- To set up a regulatory mechanism to monitor/ implement the Tobacco Control Laws;
- To establish a system of tobacco product regulation.
- Provide facilities for treatment of tobacco dependence.
- To take necessary action, in co-ordination with other Ministries and stakeholders, to fulfil the obligations(s) under the WHO Framework convention on Tobacco Control.

### **Service Delivery**

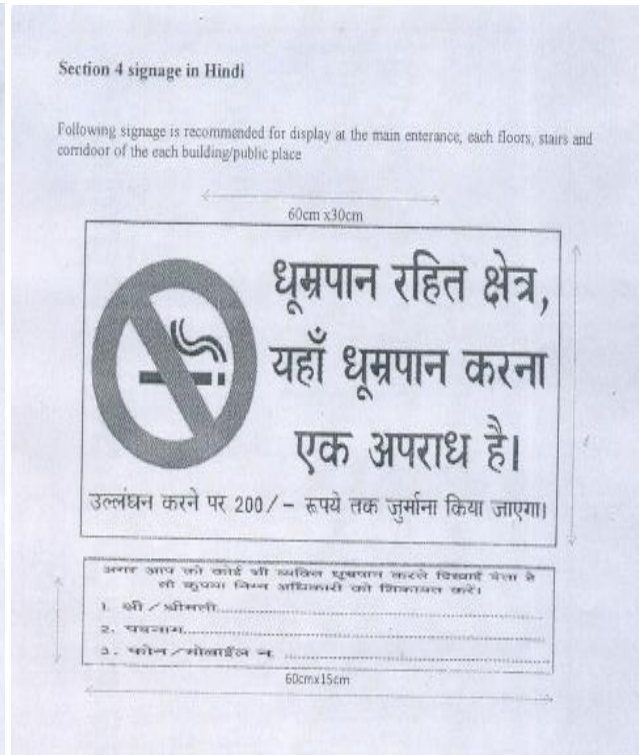
- Implementation of the prohibition of Electronic Cigarette (production, manufacture, import, export, transport, sale, distribution, storage and advertisement) bill throughout the State.
- Declaration of 7200 Educational Institutes (Schools and Colleges) tobacco free according to revised Guidelines for Tobacco Free Educational Institutions.

### **State progress :-**

<b>Activities</b>	<b>Financial year 2019–20</b>	<b>Financial year 2020–21</b>
	<b>Achievement</b>	<b>Achievement</b>
Person Challaned for Smoking in public places	7447	3998
Amount Collected/ fine charged	583299	335480
School awareness program	861	593
Nicotex gum distributed	2793	2503
Patient counselling at TCC	12781	14434

# जनपद स्तर पर आयोजित की जाने वाली गतिविधियां

1.



2-



3-



### जनपद-हरिद्वार



### जनपद-अल्मोड़ा



4-



### जनपद-पौड़ी

### जनपद-उत्तरकाशी



5-



नैनीताल  
Note book NTCP

No Tobacco -OPD slip



### National Programme for Control of Blindness and Visual Impairment (NPCB& VI)

National Programme for Control of Blindness was initiated in 1976 as 100% centrally sponsored programme with the goal to reduce prevalence of blindness to 0.3% by 2020 by developing eye care infrastructure human resource, improving accessibility quality of eye care services. Main cause of blindness in children and young adults is refractive error and in + 50 adults cataract.

#### **Objectives**

- To reduce Backlog of blindness through identification & treatment of blind at Primary, Secondary & tertiary level.
- To provide high quality comprehensive eye care to the affected population.
- To expand coverage of eye care services to the underserved areas.
- To enhance community awareness on eye care and lay stress on preventive measures. .
- To develop institutional capacity for eye care services by providing support for equipment, consumable material and training personnel.

#### **Service Delivery**

Eye Bank established in Sushila Tiwari Government Medical College.

#### **Human Resource Development (Training)**

Under NPCB program, **Elimination of Trachoma** in India has been initiated. State level TOT has been imparted to Eye surgeons in Financial Year 2019-20. District level training of medical officers, Paramedical Ophthalmic Assistant and ANM has been provided by the trained eye surgeons in this financial year (2020-2021).

## State Progress :-

Activities	Financial year 2019-20		Financial year 2020-21	
	Target	Achievement	Target	Achievement
Cataract operations	40973	45825	40973	29192
Free spectacles distribution to school children	5454	3938	5454	1505
Free spectacles distribution to old persons	5000	3362	5000	3795
Eyeball Collection	500	294	500	82
Keratoplasty		231		45

## जनपद स्तर पर आयोजित की जाने वाली गतिविधियां





# तंबाकू नियंत्रण कानून

का पालन करें या जुर्माने या/तथा जेल का सामना करें

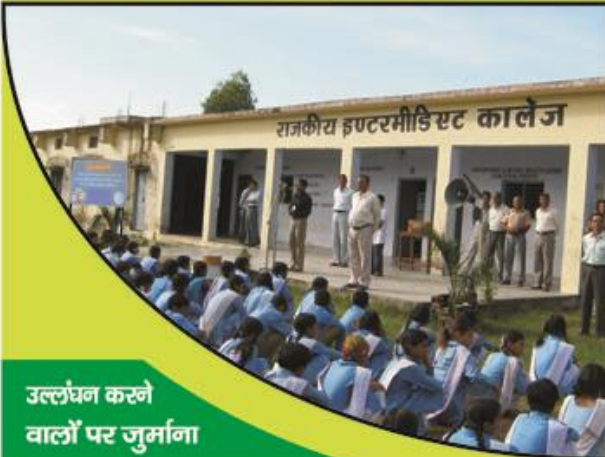
सार्वजनिक स्थानों में  
धूम्रपान करने पर प्रतिबंध

उल्लंघन करने वालों  
पर जुर्माना



नाबालिगों को और नाबालिगों द्वारा  
तंबाकू उत्पाद बेचने पर प्रतिबंध

उल्लंघन करने वालों  
पर जुर्माना



उल्लंघन करने  
वालों पर जुर्माना

किसी शैक्षिक संस्था के 100 गज  
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तंबाकू उत्पाद बेचने पर प्रतिबंध



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वालों पर जुर्माना व जेल

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के प्रत्यक्ष और अप्रत्यक्ष  
विज्ञापनों पर प्रतिबंध



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शिकायत हेतु टोल फ्री नम्बर

**1800-110-456**



राष्ट्रीय तंबाकू नियंत्रण कार्यक्रम

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